

Celebrating 30 Years of the Terry Fox Run

Thirty years ago, people across Canada were captivated as a lone man made his way along our nation's highways, raising money to fight the disease that would one day take his life. On September 19th, 54 SaskEnergy employees and guests gathered to celebrate his achievement and join with the countless others who have followed in his footsteps.

That lone runner, of course, was Terry Fox, and it was his 1980 Marathon of Hope that both inspired people across Canada and led to the creation of the Terry Fox Foundation, which raises funds to promote cancer research. As the Foundation enters its 30th year, it's a great opportunity to reflect on its achievements and the progress of cancer research since Terry set out with a goal of raising one dollar from every person in Canada.



Members of the SaskEnergy team: ready to run on a very early Sunday morning.

The 30th Terry Fox Run is also a great chance to recognize our employees who gave their time and/or donated to this worthy cause this year. Not only did we have 54 participants at the run, but our very own Robert Lang (Supervisor, Building & Space Plan) was the Head Organizer of this year's Regina run! Great job, Rob! A special mention also goes to Devin Ulmer and Mitch Carlson of Gen-E who coordinated SaskEnergy's participation. All together, the employees and their families/ friends raised **\$4,478** for cancer research and ran a combined total of **255 kilometres!** Congratulations to everyone involved.



Balloons were released at the starting line to celebrate those who have won their battle with cancer.

Thirty years ago, little was known about cancer or its treatment, but, today, the number of survivors grows every year. To mark this great triumph, participants in the Regina Terry Fox Run released balloons before the start of the event. Yellow balloons represented the many cancer survivors in attendance, while the white and red balloons stood for all the other participants who donated their money and time toward cancer research that day.

All in all, the 2010 Terry Fox Run was a great success, and we'd love to see even more SaskEnergy/TransGas participation next year. The Terry Fox Run is held in 75 communities across Saskatchewan this year so, no matter where you live you can easily join in! Next year why not consider being a part of this great annual event and helping the Terry Fox Foundation with its life-saving work. A special thanks again to all of our SaskEnergy participants in Regina and across the province!



And they're off! White and black SaskEnergy t-shirts were seen bounding through the crowd as the race began.